Duration

35-40 minutes

Distance: 1.62 miles



Terrain:

Tarmac roads

Tarriac

Level: Easy

Start and Finish: Nailsworth Library, Old Market

Walking the Way to Health

DIRECTIONS

- Exiting library doors take a right towards Bruton's Hardware shop and continue to the Britannia Inn.
- Cross the road and take the HORSLEY ROAD, follow this until the end. At the junction, cross the OLD BRITOL ROAD and turn left.
- Walk down the hill to Ruskin Mill and take the entrance to the Mill front.
- Turn right and take the footpath alongside the lake and continue to the old fisheries building on your right.
- Go up steps to the next level and retrace your steps back to Ruskin Mill along the upper footpath.
- At the mill walk to the **Old Bristol Road,** turn right, and head for Nailsworth. Cross road where the footpath ends and proceed past Giggs Mill.
- Some 60 metres past the mill bear left into ARNOLDS LANE, proceed along and enter BREWERY LANE, proceed to MARKET STREET and turn left.
- At the junction turn right into **OLD MARKET** and return to the Library

The walk has several gradual inclines where the pace may need to be slowed. The entire walk is either on pavements, road, or small lanes.

HAZARDS:

- Part of Horsley Road has no footpath
- Take care crossing roads, especially the Old Bristol Road at the junction with Horsley Road



