**Duration** 35 minutes

**Distance:** 1.85 miles



Terrain:

Tarmac roads, footpaths and bridle way

**Level:** Hard

Start and Finish: Nailsworth Library, Old Market

## Walking the Way to Health

## DIRECTIONS

- Exiting Library take a left and proceed to the pedestrian crossing, cross and proceed through the parking area and Mortimer Gardens to the A46 and turn right into Fountain Street.
- Proceed and cross the entrance of Market Street continue up the A46 and the entrance of Old Bristol Road, and using footpath follow the A46 up the hill towards Bath.
- After 400 metres on the left hand side, take the bridal way (Barcelona Lane), climb to the top and turn left into Tetbury Lane.
- Proceed down the hill to the A46, turn right and proceed by footpath, cross Park Road and proceed to the pedestrian crossing after crossing Church Street..
- Cross Fountain Street turn right, proceed to The Mortimer Gardens, turn left and return to the Library in Old Market, via the pedestrian crossing.

The walk has one very steep climb and stops may be required for recovery. The walk is on tarmac roads, country lanes, pavements and one unmade track.

## **HAZARDS**:

Take care crossing roads, and the A46.



