Duration

40-50 minutes

Distance: 1.61 miles



Terrain:

Tarmac roads, country lanes and pavements

Level:

Moderate

Start and Finish: Nailsworth Library, Old Market

Walking the Way to Health

DIRECTIONS

- Exiting Library take a left and proceed to the pedestrian crossing, cross and proceed through the parking area and Mortimer Gardens to the A46 and turn left.
- Proceed to the pedestrian crossing, cross A46, turn left and bear right to enter George St. Proceed to the Morrisons car park, cross over George St., enter the alleyway beside Olive Tree Restaurant, proceed to Station Road, turn right and at the Fire Station turn left to enter the signposted Cycle Track.
- Proceed along the cycle track to Dunkirk Mill. Where the track passes the redbrick wing at the far end of Dunkirk Mill, turn right on the footpath opposite it and proceed uphill to the Watledge Road.
- Proceed along the Watledge Road and just before the road junction with the 'W' turn right, pass through the gate to enter the footpath, proceed to Station Road.
- Turn left into the previously used footpath and exit into George Street, turn right, and cross the road.
- Exit George Street to the left and proceed to the pedestrian crossing, and cross the A46, turn left.
- Proceed through The Mortimer Gardens and return to the Library in Old Market via the pedestrian crossing.

The walk has one very fairly steep climb and stops may be required for recovery. The walk is on tarmac roads, country lanes and pavements. The Cycle Track is man made gravel. The climb is over stone and earth footpath There are steps to negotiate from Watledge Road.

HAZARDS:

- Take care crossing roads, especially from **George Street**, and the A46.
- No Footpaths on Station and Watledge Roads.
- Cycle Track can be wet with puddles.



