Duration

26-35 minutes

Distance: 1.44miles

walki for healt

Terrain:

All tarmac roads and paths

Level:

Moderate

Start and Finish: Stroud District Council Offices, Ebley Mill

Walking the Way to Health

DIRECTIONS

- Leave Ebley Mill and proceed over Wharf Bridge to Westward Road pedestrian crossing, cross road and turn left.
- Take right turn into Chapel Lane and proceed to Huntington Close turn left.
- Proceed to the end and then enter footpath on left hand side.
- At the end of the footpath, cross Foxmoor Lane, and turn right on footpath.
- Pass under Railway Bridge and proceed to the alley way on the left hand side, left turn and enter.
- Proceed to end and enter into Robbins Close, follow road to Devereaux Crescent and turn left.
- Follow Devereaux Crescent to Foxmoor Lane and turn right.
- Turn left into East Drive proceed to the end and pick up the footpath and proceed along the school playing field boundary.
- At the end of school playing field carry straight on and right turn and pass under the railway.
- Take the footpath to the pavilion and pass to the left carrying straight on to Westward Road, turn right for the pedestrian crossing.
- Cross Westward Road and return to Ebley Mill via Wharf Bridge.

HAZARDS:

- Crossing Roads, especially Foxmoor Lane.
- Projections on Wharf Road until final construction finished
- General, leaves on paths during autumn and winter.



