**Duration** 

24-30 minutes

Distance:



1.5 miles **Terrain:** 

Tarmac and GRAVEL

Level:

Easy

Start and Finish: Stroud District Council Offices, Ebley Mill



## Walking the Way to Health

## **DIRECTIONS**

- Cross over the canal and proceed up the hill to Westward Road.
- At the road junction, cross over Westward Road, using the pedestrian crossing, turn right.
- Proceed along Westward Road to the junction of Church Road.
- Left turn into Church Road.
- Proceed along Church Road to the junction with Upper Church Road.
- Bear left into Upper Church Road.
- At the roundabout turn left and proceed to Victory Park Playing Field.
- Enter the park and proceed along footpath to junction with path going under Railway Bridge.
- Turn left and proceed towards the Sports Changing Pavilion.
- At the pavilion bear left and pick up the path directly behind the pavilion.
- Follow the path into a passage way between houses and proceed to
- At junction with Chapel Lane turn right and proceed to Westward Road.
- At junction with Westward Road turn right to pedestrian crossing.
- Cross over Westward Road and turn right, proceed along Westward Road to junction with Bridge Road.
- Left turn into Bridge Road and proceed to bridge, and cross over the Canal Bridge.
- Turn left onto Canal Towpath and return to Ebley Mill Offices.

## **HAZARDS:**

- Crossing Roads.
- Could be wet and sticky on Canal Towpath.



