

# STROUD 1: ARBORETUM WONDER

**Duration**

35-40 minutes

**Distance:**

1.6 miles

**Terrain:**

Tarmac Footpaths, Meadow Footpath & Bridal Way

**Level:**

Moderate

**Start and Finish:**

Tesco Supermarket,  
Stratford Road, Stroud



# Walking the Way to Health

## DIRECTIONS

- Leave store and proceed to STRATFORD ROAD. Turn right for pedestrian crossing and cross the road. Turn left and take a right turn into STRATFORD PARK.
- Keep to right hand side of lake and follow path to footbridge and cross. Take path to rear of Leisure Centre and turn right, onto road, follow road passing the hard play area on the right Continue to the top and enter field, sign posted.
- Cross the field and pick up the footpath running behind the school, proceed and turn right into HEATHFIELD Rd., proceed to the junction with BARROWFIELD Rd., and turn left.
- Proceed some 30 metres and turn right on to a footpath and proceed to the field. Cross style and bear left and head to the farm buildings.
- At edge of first Building bear right and head for the gate to enter the lane, turn left, and then almost immediately right to follow the lane for some 50 metres to pick up the bridal way.
- Proceed to the A46 and turn right, at the entrance to STRATFORD Park, enter and follow path to STRATFORD Rd., and return to the Supermarket

## HAZARDS:

- Crossing roads.
- Not Suitable if wet.
- 1 Wooden Style to Negotiate.
- Gravel Bridal Way.