

**Duration**  
40-50 minutes

**Distance:**  
1.83 miles

**Terrain:**  
Tarmac roads and footpaths

**Level:**  
Moderate

**Start and Finish:**  
Nailsworth Library, Old  
Market



# Walking the Way to Health

## DIRECTIONS

- Exiting Library take a left and proceed to the pedestrian crossing, cross and proceed through the parking area and Mortimer Gardens to the A46 and turn left.
- Proceed to the pedestrian crossing, cross A46, turn left and bear right to enter George St. Cross over George St. and proceed along the A46, (Bridge St.), after some 50 metres turn right into Station road, at the Fire Station turn left to enter the signposted Cycle Track.
- Proceed along the railway track to Dunkirk Mill. Where the track passes the redbrick wing at the far end of Dunkirk Mill, turn right on the footpath opposite it that goes uphill.
- Walk up the path for just 2 metres, then turn left down the steps which lead down to a small tunnel going under the railway track. Walk through this tunnel and bear left then right for the A46 road.
- Cross A46 and proceed up the Pitch (an uphill tarmac footpath) to Northfields Road.
- Turn left and continue along Northfields Road to the junction with Nympsfield Road.
- Cross the Nympsfield Road and enter Fewster Road, proceed to the footpath on your left, almost opposite the bottom of Dark Lane.
- Proceed down the footpath, pass through Hanover Gardens and return to the Library.

The walk has one very steep climb and stops may be required for recovery. The walk is on tarmac roads, country lanes and pavements. The cycle track is man made gravel.

### HAZARDS:

There are steps to negotiate to reach the tunnel and at the top of the pitch

- Take care crossing roads, especially from **George Street**, and the A46 at Dunkirk Mill
- No Footpaths on parts of **Northfields Road**. Beware of traffic.
- Cycle Track can be wet with puddles

# NAILSWORTH 4: CYCLE TRACK WADDLE

